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## Cowes Yacht Club Inc

A0025908

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# CODE OF BEHAVIOUR

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This Code of Behaviour aims to set out the minimum standards for anyone involved in sailing at Cowes Yacht Club. It should apply when playing, training or taking part in club-sanctioned activities.

Act within the rules and spirit of yacht racing in particular, and sailing in general.

Promote fair play over winning at any cost.

Encourage and support opportunities for people to learn appropriate behaviour and skills.

Support opportunities for participation in all aspects of sailing.

Treat each person as an individual.

Show respect and courtesy to all involved with sailing.

Respect the rights and worth of every person, regardless of their age, race, gender, ability, cultural background, sexuality or religion.

Respect the decisions of race officers and club officials.

Wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance exists) with people under the age of 18.

Display appropriate and responsible behaviour in all interactions.

Display responsible behaviour in relation to alcohol and other drugs.

Act with integrity and objectivity, and accept responsibility for your decisions and actions.

Ensure your decisions and actions contribute to a safe environment.

Ensure your decisions and actions contribute to a harassment-free environment.

Do not tolerate abusive, bullying or threatening behaviour.



## **SAILORS**

Give your best at all times.

Participate for your own enjoyment and benefit.

Abide by the rules of sailing and show respect for other sailors, race officers and club officials.

## **TRAINERS**

Place the safety and welfare of the sailors and club race officers above all else.

Help each person (sailor, official, etc.) to reach their potential. Respect the talent, developmental stage and goals of each person and encourage them with positive and constructive feedback.

Obtain appropriate qualifications and keep up-to-date with the latest training practices and the principles of growth and development of young sailors and club race officers.

Ensure that any physical contact with another person is appropriate to the situation and necessary for the person's skill development.

## **RACE OFFICERS**

Place the safety and welfare of the sailors and volunteers assisting above all else.

Ensure all people are included and can participate, regardless of their race, gender, ability, cultural background, sexuality or religion.

Be consistent, impartial and objective when making decisions.

Address unsporting behaviour and promote respect for other sailors and officials.

## **CLUB OFFICERS**

Ensure quality supervision and instruction for sailors.

Support trainers and race officers to improve their skills and competencies.

Act honestly, in good faith and in the best interests of the sport as a whole.

Ensure that any information acquired or advantage gained from the position is not used improperly.

Conduct Club responsibilities with due care, competence and diligence.



## **PARENTS**

Encourage your child to participate, do their best and have fun.

Focus on your child's effort and performance, rather than winning or losing.

Never ridicule or yell at a child for making a mistake or losing a race.

Help out the trainers or Club race officers at training and games, where possible.

Model appropriate behaviour, including respect for all other people involved in the Club and visitors.

## **SPECTATORS**

Respect the effort and performances of sailors and race officers.

Reject the use of harassment, bullying or violence in any form, whether by other spectators, trainers, race officers or sailors.

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I, .....have read and understood the policy and will abide by it as a member of Coves Yacht Club Inc.

Signature:

Date:

If under 18 years of age, parent/guardian:

Signature:

Date:

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